

Date Night:



A Relationship Enhancement Workshop for Couples

Sunday, December 9th 4:00 to 6:30pm

\$150 per couple includes handouts, appetizers and beverages (limit 6 couples)

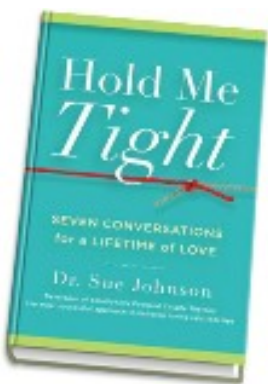
Location: Psychology Specialists of Maine 14 Maine St, Ste 309, Brunswick ME

Register online at www.psychologyspecialistsme.com or call 207-607-4022

Would you like a closer connection with your partner?

Do you find that you get stuck in repeated communication struggles?

Do you feel like you can do better but you're not sure how to change?



ALL couples get disconnected at times, and there is a reliable roadmap to reconnection when you get out of step with your partner. Spend your date night with an experienced couple's therapist and relationship expert, Dr. Julie Quimby. This 2.5 hour educational workshop for ALL couples and all sexual orientations, is based on the book, "Hold me Tight: Seven Conversations for a Lifetime of Love", by Sue Johnson. The workshop includes a presentation on attachment and love, introduction to emotionally focused couples therapy (EFT) through videos and examples, and time for private conversation with you and your partner with help from skilled couple's therapists.