

RELATIONSHIP SERVICES

We offer several different services at different price points to meet the varied needs of our community.

Please note that we do not accept insurances for relationship services, as we consider the relationship our “client” and thus do not provide a clinical diagnosis or treatment for one individual over the other(s). Insurance companies require one “patient” and most do not reimburse for couple therapy itself.

REACH & RESPOND: SELF-PACED ONLINE COURSE

Learn a different way to understand conflict, improve your connection, and keep your love alive for a lifetime.	<i>Coming Soon</i> \$199 no time limit, access course materials indefinitely	Access the same content as our live workshop, but progress at your own pace with your partner.
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REACH & RESPOND: LIVE VIRTUAL WORKSHOP

Learn a different way to understand conflict, improve your connection, and keep your love alive for a lifetime.	\$499 per couple	Learn live in a small group, from the comfort of your home. Private conversations facilitated by a certified EFT couple therapist.
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HOLD ME TIGHT® WEEKEND WORKSHOP

Learn to identify and change the negative cycles that get in the way of intimacy and restore trust and safety in your relationship.	\$895 per couple	A 2-day educational relationship enhancement workshop, offered twice/year.
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WEEKLY COUPLE/RELATIONSHIP THERAPY

Begin with a comprehensive assessment of your relationship, to see if weekly therapy is the best fit for you.	I N T A K E	\$275 postdoctoral resident \$350 senior psychologist	W E E K L Y	\$175 postdoctoral resident \$250 senior psychologist
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INTENSIVE THERAPY

Intensive Therapy is a short-term, in-depth and focused approach to helping relationships in distress.	\$2400-\$4900 one-two days	2-hour initial assessment 1-2 6-hour days of focused therapy 1 hour “tune-up” session 6wks later
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